

# Viewing seals in north-east Norfolk



For your safety, to protect the seals and preserve the dune environment, please follow these simple guidelines:

- Stay within the roped paths and viewing areas
- Remember that seals are wild animals and will bite, especially to protect their young
- Keep a distance of at least 10 metres from seals
- Females may desert their pups if disturbed, leaving pups to starve to death
- Keep dogs on leads at all times
- Adult seals are heavy powerful animals that can move very fast. DO NOT provoke them.
- Never feed or pet the seals
- Dispose of litter in a bin, or take it home
- Respect other visitors
- Clean up after your dog

Seal wardens are on duty at key times in the annual grey seal life-cycle. They are there to help and guide you.

Serious infection can result from seal bites. This applies to humans and dogs. If bitten, seek appropriate urgent medical advice.

**NEVER ATTEMPT TO TAKE SELFIES WITH A SEAL!**

Photographers, please remember that the welfare of wildlife is more important than your photograph. (See Nature Photographers Code of Practice on FoHS website.)

If you are concerned about the health of a seal or a pup, please contact RSPCA emergency number: 0300 1234 999



Friends of Horsey Seals Registered Charity No.1169539  
Website: [www.friendsofhorseyseals.co.uk](http://www.friendsofhorseyseals.co.uk)



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